Dealing with conflict

Watch the video. Make notes as you watch. You can watch it again if you need to.

- ▶ 1. Why do you think Daniel and Shilpa say that arguing is part of family life?
- ▶ 2. When you first start arguing, what can you do to try to calm down?
- ▶ 3. What things do Shilpa and Daniel suggest you do to try to resolve your differences?
- ▶ 4. What does compromise mean?
- ▶ 5. Can you give an example of when you have come to a good compromise?

