The one

	ch the video. Make notes as you watch. What is Pippa worried about?
▶ 2.	What does 'the one' mean?
▶ 3.	Why does the narrator say looking for 'the one' is not realistic?
▶ 4.	What does the video suggest you ask yourself to find out if your partner is right for you?
▶ 5.	What do you think is the most important thing to do to find out if the other person is right for you?
▶ 6.	Why do you think relationship doubts can be scary?